



Activity Worksheet

Choose your words carefully for positive communication.

Example

You never call! _____

You're always late! _____

That's a stupid idea! _____

Nobody in this place cares about me. _____

You always ignore me when I need something. _____

Don't yell at me! _____

What the hell are you doing! _____

It's not really important, but I wanted to talk to you. _____

You probably won't have the time, but I need help with my project.

You never spend any time with me. _____
