

# Strengths and Weaknesses

Focus Area: \_\_\_\_\_

Date: \_\_\_\_\_

## I Can Capitalize on these Strengths:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

## I Need to Improve on these High Priority, Low Effectiveness Areas:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

*Improvement may require Progressive, Perpetual, and Performance Action Steps, along with Affirmation, Visualization, and On-Going Recommitment.*