

Weekly Design

Perpetual Action

Week Of: 3/21/year

TASK	MON.	TUE.	WED.	THU.	FRI.	SAT.	SUN.	TOTAL/GOAL
Up at 6:00 AM	X	X		X	X			4 / 4
Exercise	X		X		X			3 / 4
Read to kids	X		X	X		X		4 / 5
3 servings of greens	4	2	2	3	0	3	2	15 / 21
8 referral presentations	3	0	1	3	1	0	0	8 / 8
Prayer time daily	X	X		X	X		X	5 / 7

Progressive Action

Completed

1. Complete and deliver Tom's proposal
2. Bring car through inspection
3. Organize mailing list
4. Complete Referral Presentation form
5. Have staff meeting concerning Expo
6. Plan year end business goals
7. Put together chamber ad
8. Take Timmy bike shopping
9. Pick up surprise for Renee
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____