



Perpetual Action Cycles

TASK	MON.	TUE.	WED.	THU.	FRI.	SAT.	SUN.	TOTAL/GOAL
								I
								I
								I
								I
								I
								I

Progressive Action Checklist

Completed

- 1. \_\_\_\_\_ D
- 2. \_\_\_\_\_ D
- 3. \_\_\_\_\_ D
- 4. \_\_\_\_\_ D
- 5. \_\_\_\_\_ D
- 6. \_\_\_\_\_ D
- 7. \_\_\_\_\_ D
- 8. \_\_\_\_\_ D
- 9. \_\_\_\_\_ D
- 10. \_\_\_\_\_ D
- 11. \_\_\_\_\_ D
- 12. \_\_\_\_\_ D
- 13. \_\_\_\_\_ D
- 14. \_\_\_\_\_ D
- 15. \_\_\_\_\_ D